



Disclaimer

PLEASE READ CAREFULLY BEFORE/WHEN USING THIS SITE: This site does not provide medical advice. The content is for informational purposes only. Consult with your Doctor (GP) on all medical issues regarding your condition and its treatment. The Content is not intended to be a substitute for any professional medical advice, diagnosis, or treatment. It is not a substitute for a medical exam, nor does it replace the need for services provided by qualified medical professionals. Always seek the advice of your medical professional before making any changes to your treatment or medication. Any medical questions should be directed to your personal doctor.

Each person responds differently so working together with you and the information you provide enables me to tailor your therapy to best match your needs, individual requirements and personality type.

There are no guarantees that any of the treatment undertaken will solve your issues. It is my intention to help you to help yourself, by enabling you to be aware of what is troubling you and helping you to make the appropriate changes you desire. We can make no promises that we can help you, however, we can promise to do our best to help you.

I will ask you to do homework in various forms between sessions and it is up to you to undertake these tasks in order to gain the maximum positive benefit and progression in your treatment and recovery.

It is my experience that hypnotherapy and its approach can provide many beneficial effects, however hypnosis/hypnotherapy itself does not substitute proper medical attention from a qualified medical professional.

Any information detailed on this site is not intended to diagnose, treat, cure or protect against any disease or illness, always seek advice of a qualified doctor.

Any links to websites are for information only and we accept no responsibility for any misinformation or possible technical issues (including virus attacks) from these sites. Always seek professional advice, use appropriate caution when divulging information and use a recognised virus software package.

Never listen to or play hypnosis/relaxation tracks or audio whilst driving or operating equipment, always select an environment that is safe and secure.